







Private & Confidential / Podiatry Department Self-Referral Form

Please read accompanying leaflet 'Information for patients' before completing the self referral form. This leaflet will provide you with information on eligibility on accessing the Podiatry Service as well as self management options for your foot condition. On completion of your form please post to the following address or email to:

For Aberdeen City:

Podiatry Service Aberdeen Health and Care Village 50 Frederick Street Aberdeen, AB24 5HY Email: gram.podiatryselfreferral@nhs.scot

For Aberdeenshire:

Podiatry Service Staff Home Upperboat Road Inverurie Hospital Inverurie, AB51 3UL Email: **gram.abdnshirepodforms@nhs.scot**

For Moray:

Podiatry Service The Glassgreen Centre 2 Thornhill Drive Elgin, IV30 6GQ Email: gram.moraypodiatry@nhs.scot

Your self referral will be reviewed by the Podiatrist and you will be contacted by letter with the outcome, this may include an assessment or self management options.

1. Patient Details.	
Patients name:	
Community Health Index (CHI) If known:	
Date of Birth:	Contact by Text message: Yes No
Address:	
Postcode:	Date:
Telephone number:	

2. Have you recieved treatment from a podiatrist before? (if yes please provide detail e.g. foot condition, location of podiatrist, etc).

Please give details:

3. Please describe your foot problem (e.g. duration of problem, type of pain experienced, self treatment options used).	
Please give details:	
4. Do you have a	ny existing medical conditions (e.g. Diabetes, Renal disease, Rheumatoid Arthritis).
Yes No	
Please give details:	
	ny mobility concerns (e.g. use of walking aid, wheelchair, chair/bed bound).
Yes No Please give details:	
	e assessment of your referral the podiatrist would request access to your medical ontained within your key information summary.
Are you in agreer	nent for the podiatrist to access this information? Yes No
Patients Name:	
This form has bee	en completed by the patient Patient Representative
Referral Received:	Referral Completed: